Options After High School

Presented by Carlmont High School Counseling Department
Today you will:

- Learn about available resources to help you plan your college and/or career journey after high school.
- Learn about types of post-secondary (college) degrees and certificates programs.
- Identify possible colleges or career pathways you are interested in and/or plan to pursue.
AGENDA

Vocational/Trades:
- Apprenticeship programs in the county
- Certificate programs at community colleges

Colleges & Universities
- Community College transfer programs
- CA Public Universities (UC/CSU)
- Private Colleges
- Out-of-State Public Universities
Pre-Assessment

What is “Post-secondary?”

Any level of study after high school- Including colleges, universities, and trade schools.
How to start thinking about Trades, Careers or Possible Fields of Study (Majors)

- Career Surveys (Naviance)
- Academic patterns, favorite courses, hobbies, etc.
- Take a community college course you are interested in
- Internet: podcasts, blogs, Khan Academy, etc.
- Informational Interviews / Shadowing / Mentors
- Talk to parents, relatives, neighbors about their career paths
- Check out UC/CSU websites to explore majors
Post-Secondary Options

A. Vocational Trade/Certificates
B. Community College Associate Degrees & Transfer Program
C. Universities and other Four-year Colleges
   • University of California (UC)
   • California State University (CSU)
   • Common App (Private Colleges & Universities)
   • Out-of-State Public Universities
Although there are several ways to learn a trade, we will review how to explore trades via:

- Apprenticeship programs and/or
- Community college certificate programs.
Apprenticeships

You can earn as you learn -- it is hands-on, on-the-job training.

Link to CalApprenticeship Programs
Community College Certificate Programs

Certificates designed to build on a specific skill area or course of study. Here are some examples:

**College of San Mateo**
- Fire Technology
- Cybersecurity
- Cosmetology
- Tax Preparer
- Electronic Music
- EMT

**Canada College**
- Payroll Specialist
- Cloud Computer
- Video Game Design
- Theatre Costuming
- Interior Design
- Medical Assistant
- Laser Technician

**Skyline College**
- Automotive Technology
- Biotech Manufacturing
- Digital Film-Making
- Network Engineering
- Paralegal Assistant
- Esthetician
- Anesthesia Technician
Foothill Community College (Los Altos)

- Dental Hygiene
- Environmental Horticulture
- Music Technology
- Paramedic
- Personal Trainer
- Pharmacy Technician
- Respiratory Therapy
- Veterinary Technician

Certificate of Achievement

- Air Conditioning & Refrigeration Technology
- Inside Wireman (Electrician)
- Plumbing/Pipeworking/Pipe Trades Apprenticeship
- Residential Plumbing
- Residential Electrician
- Plumbing Technology
- Sheet Metal Building Trades
- Sound & Communication Installer
- Steamfitting & Pipeworking Technology
Post-Secondary Degrees

Associate Arts (AA) or Associate Science (AS)
- Offered by Community Colleges (aka “2 yr degrees”)
- May take more or less than 2 years yrs to complete; depends on full/part time enrollment, English & Math placement, etc.
- Boosts your career resume and possibly your salary.

Bachelor of Arts (BA) or Bachelor’s of Science (BS)
- College degrees offered by universities and four-year colleges.
- 4 - 6 years to complete; depends on how prepared you are for the major, part-time vs. full time enrollment, etc.
Post-secondary Option B: Community College

Earn an AA/AS degree (e.g., accounting, administrative justice, industrial electronic technology, etc.) and/or

Take UC/CSU transferable courses in order to transfer into a major at a UC/CSU to earn a bachelor’s degree.
Benefits of a Transfer Program

- Community college admission is guaranteed (18 yrs or a high school diploma or equivalent)
- Start fresh (high school GPA is not considered)
- More time to explore academic interests
- More time to explore where to transfer to
- More affordable
- Better odds of getting into ideal UC/CSU campus
- Guaranteed admission to at least one UC/CSU campus
Transfer Agreements and Resources

- CSU Transfer Agreement → Degree with a Guarantee
- UC Transfer Agreement → TAG
- Campus may have agreements with private colleges too.
- Resources to plan ahead:
  - Transfer Bound Tool
  - Take advantage of Transfer Services
    - For ex: CSM Transfer Center
  - View articulation agreements: ASSIST
Applying to Community Colleges

To enroll at a community college: must be at least 18 years old or have a high school diploma.

Apply in the spring of Senior Year.

Some certificate programs require an additional application and may have deadlines and/or specific requirements.
Post-secondary Option C: Universities & Four-Year Colleges

- Cal State University
- University of California
- Private Colleges
- Out-of-State Public Universities
Cal State University (CSU)
- 23 campuses
- Hands-on
- Most commute
- Most are semester-system
- Career-focused
- Educates the WorkForce

Samples of CSU Majors
- Business Administration
- Nursing
- Physical Therapist
- Kinesiology
- Social Work
- Marketing

Click here for CSU Admission Requirements
University of CA
- 9 campuses
- Residential
- Quarter System (except Berkeley and Merced)
- Focuses on:
  - Analytical Thinking
  - Research
  - Theories

Samples of UC Majors
- Economics
- Neuroscience
- Toxicology
- Sociology
- Bioengineering
- Cognitive Science

Click here for UC Admission Information
Private Colleges and Universities

- Thousands of private colleges across US
- There are about 85 in CA
- Most offer:
  - academic & personal development approach
  - smaller class sizes
  - guarantee completion in four years
- Tuition is much higher compared to a UC/CSU
### Out of State Public Universities

- Tuition (resident v. non-resident)
- Lots of space
- Some more affordable vs. UC/CSU
- **WUE** in-state tuition breaks
- Requirements may differ from A-G
- Some use Common App

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**College Fit**

### Social
- Location: access to or in a major city, near home, etc.
- Campus Size
- Campus Life: quiet, lively, commuter, residential, etc.
- Sports (NCAA or Intramural)
- Dorms/Greek Life/Clubs
- Diversity (race, religion, political views, etc.)
- Affordability or to save money

### Academic
- Available majors
- Quarter vs. Semester system
- Analytical/Research or Hands-on
- Lecture Hall or Seminar
- Access to professors/classes
- Research & Internships (guaranteed vs. competitive)
- Graduate school vs job market
Next Steps

- If you are thinking about applying to private colleges, ask one or two current teachers for a recommendation letter.
- Reach out to your counselor in the fall to request a recommendation letter.
- Read emails from Ms. Rasor, in the College Center.
College Links
Information on how to apply

California Community Colleges

University of California

California State University

Common Application
Post-Assessment

Thank you!!

Have an awesome Summer!