Please sign in using the QR code
Letters of Recommendation

What, When, How and Why?
What letters do I need?

- Many Private Colleges and Out of State public colleges require letters of recommendation.

- Check Common Application [website](#) and individual college websites to see if you need letters of recommendation from teachers and/or counselors.

- Check Individual School websites to see if they have specific requirements for teacher letters of recommendation.

- UC/CSU campuses DO NOT accept letters of recommendation!
How to check recommendation requirements in Common App

1. Search for a college
2. Click on the college name to get more info.
Boston University

Contact Info
Phone: (617) 353-2300
Email: admissions@bu.edu
Address: 233 Bay State Rd
Boston, MA 02215
USA

Links: College Website · Virtual Tour · College Navigator

Application Deadlines

<table>
<thead>
<tr>
<th>September</th>
<th>January</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>First Year</strong></td>
<td><strong>First Year</strong></td>
</tr>
<tr>
<td>Early Decision - 11/01/2022</td>
<td>Regular Decision - 11/01/2022</td>
</tr>
<tr>
<td>Regular Decision - 01/04/2023</td>
<td>Early Decision II - 01/04/2023</td>
</tr>
</tbody>
</table>

Application Information

Application Fees:
First Year International Fee - $80
First Year Domestic Fee - $80

Standardized Test Policy:
Never required
SAT without Essay or ACT without Essay

Test Policy Information

Courses & Grades:
Not Used

Recommendations:
- School Report Required
- Counselor Recommendation Required
- Mid Year Report Required
- Final Report Required
- Teacher Evaluation(s): 1 Required, 1 Optional

Saves school forms after matriculation:
Yes
University of Oregon

Counselor Rec Needed

No Counselor Rec Needed
When & how do I need to request my letters?

Teacher Letters:

- Reach out to teachers as soon as possible (if you haven’t already asked)
- Initial request should be IN PERSON!
- Follow up with any necessary materials your teacher needs

Counselor Letters:

- Email your counselor or stop by in person to request a letter
- Complete the Letter of Rec Survey in Naviance
- Create a Resume in Naviance (or use one you already have)
- Notify your counselor AT LEAST three weeks before your first deadline
How to Add Teacher Recommendation Requests in Naviance

- Match Your Common Application Account with your Naviance Account – see slides from Mrs. Rasor

- Add the teacher requests in Naviance

- Specify which schools you would like each teacher to submit the letter to in the dropdown box
Letters of recommendation

Your Requests

You can request new letters of recommendation and track the most recent status of your requests here.

<table>
<thead>
<tr>
<th>Recommendation For</th>
<th>Deadline</th>
<th>Recommender(s)</th>
<th>Status</th>
<th>Cancel Request</th>
</tr>
</thead>
</table>

Your recommendation requests will show up here.
Letters of recommendation

Add new request

Here you can ask a teacher to write you a letter of recommendation. Make sure you give your teachers plenty of time to write your recommendations!

1. Who would you like to write this recommendation?*
   
   Select A Teacher

2. Select the recommendation request type:*

   Looks like you don't have colleges in your Colleges I'm Applying To list yet. Click here to add.

3. Include a personal note to remind your recommender about your great qualities and any specifics about your request:

   Thank you so much for your willingness to write my letter of recommendation. Please let me know if you need any additional information from me! I really appreciate your time and help!
Counselor Letter
List any courses taken outside of Carlmont that are NOT listed on your transcript. Be sure to list when and where you took them and why you chose to take a course outside of Carlmont. What did you learn?

Please inform us of anything special that needs to be explained about your transcript such as, inconsistencies, scheduling conflicts, mid-year level changes or withdrawing from a course.

What is your parent or guardian's highest education level?

What do you plan to study in college and what influenced/motivated you to go into this field?

Think back during your freshman year to now as a senior, can you tell me how you have grown either academically or personally over the years?

Describe your dream job and why it is your dream.

Provide five adjectives that describe you. Which adjective is the most important one to you and why?

Are there any circumstances outside of school that have interfered with your academic performance or life? Consider family, health challenges, after school responsibilities, moving, cultural differences, strategies to overcome these?

What do you do in your free time on the weekends or the summer?

Reflecting on quarantine and distance learning or recent world events, was there anything that particularly impacted you and how? Did this inspire you to action or changes?

Have you traveled or lived in a place that has had a considerable influence on you and how? If not, please feel free to share a family or community experience that has influenced you.

What was your most meaningful volunteer or work experience? Why?

What do you consider your greatest asset and why? And/or what are you most proud of?

What else would you like your top choice college to know about you?

Please provide your cell phone number in case we need additional information or need to follow up.
Complete your Resume or email one to your counselor
Why do I need Letters of Rec? Teacher vs. Counselor Letters

**Teacher Letter**
- Speaks to your impact on the classroom learning environment
- May reference to specific classroom projects/assignments
- Your work ethic in the classroom
- Overcoming challenges/obstacles in the classroom
- YOU AS A STUDENT

**Counselor Letter**
- Contribution to school and outside community
- Personal obstacles that you’ve overcome
- Exceptional circumstances or background
- Growth as a person throughout high school
- YOU AS A PERSON
Do’s and Don’ts

**DO**
- Read your emails!
- Ask early
- Complete all questionnaires thoroughly and early
- Check your Common App to see if letters have been submitted
- Thank your recommenders
- Let your recommenders know your results
- Ask questions! We’re here to help

**DON’T**
- Change deadlines without speaking to your recommenders (teachers and counselor)
- Ask for recommendations “just in case”
- Ask more teachers for recommendations than you need
QUESTIONS???